



# LifeTrac: Assemble Frame

Written By: Chris F



## TOOLS:

- [1-1/8" wrench \(1\)](#)
- [Blocks \(1\)](#)
- [Crescent wrench \(1\)](#)
- [Hammer \(1\)](#)
- [Jig \(1\)](#)
- [Punch \(1\)](#)
- [Socket set and ratchet, or various wrenches \(1\)](#)
- [Spirit level \(1\)](#)
- [Triangle \(1\)](#)
- [hand electric drill \(1\)](#)
- [reamer bit \(1\)](#)



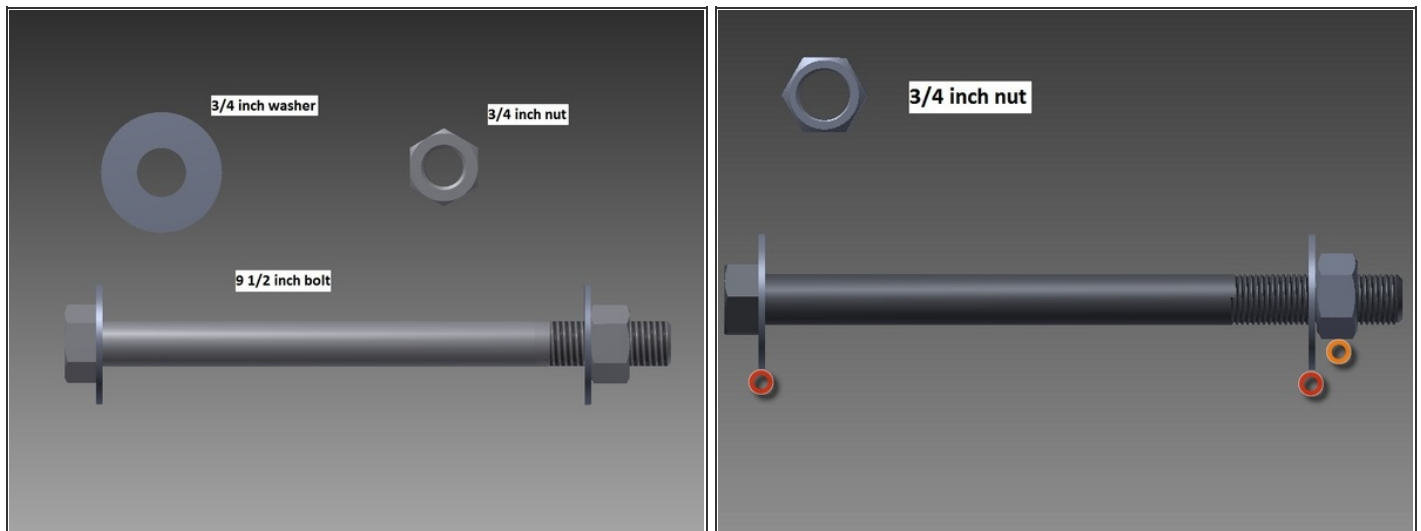
## PARTS:

- [Frame pieces \(1\)](#)
- [Nuts & Bolts \(1\)](#)
- [Washers \(1\)](#)

## SUMMARY

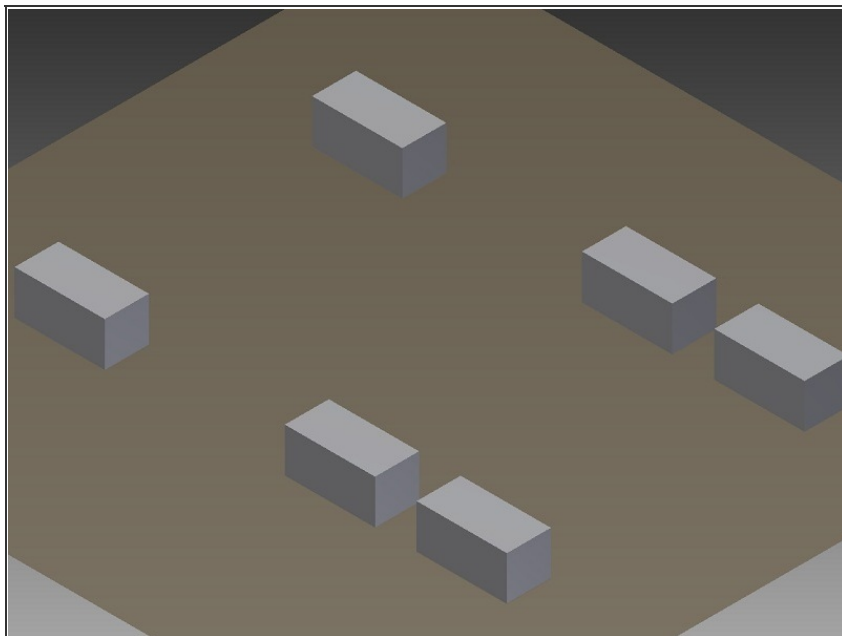
For more information go [here](#).

## Step 1 — LifeTrac: Assemble Frame



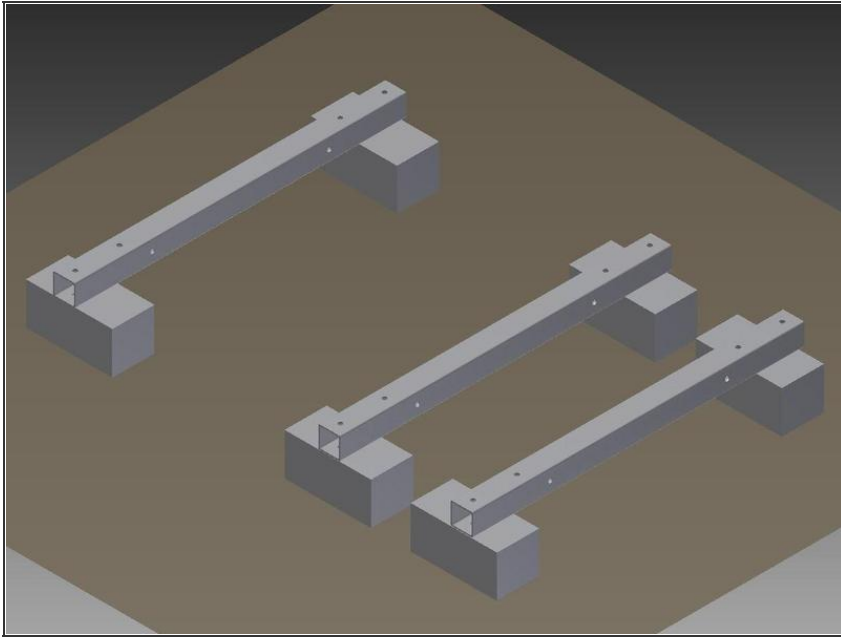
- Allocate bolts.
- Lay out bolts on assembly table.
- On each bolt:
  - Attach 2 washers.
  - Loosely attach nuts.

## Step 2



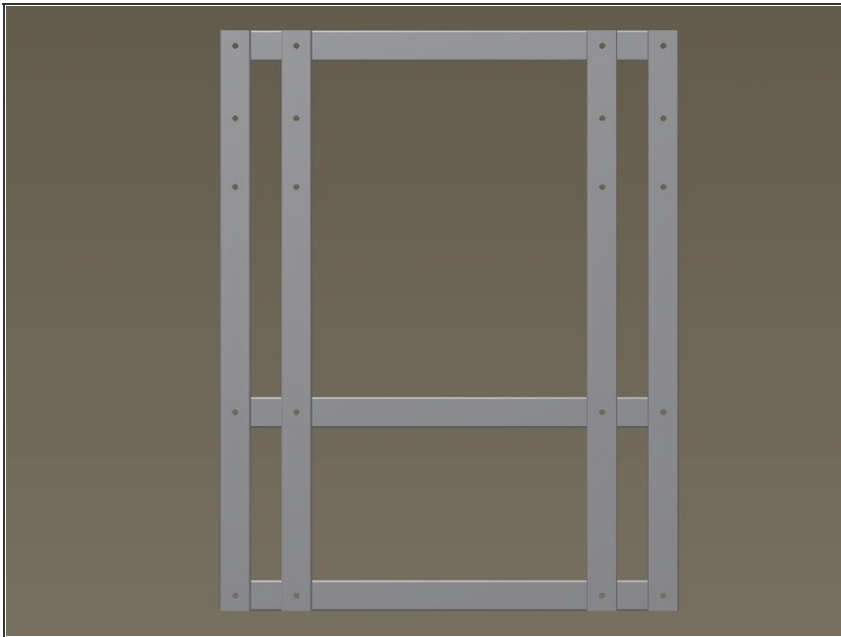
- Lower Frame Assembly
- Place blocks on ground in assembly area.

### Step 3



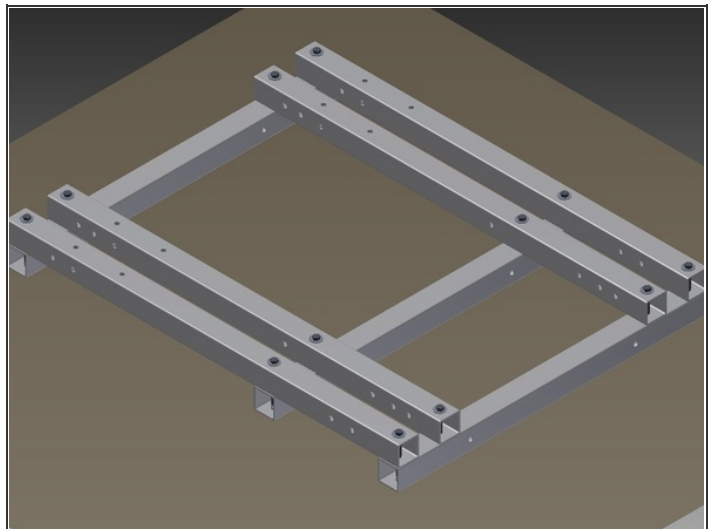
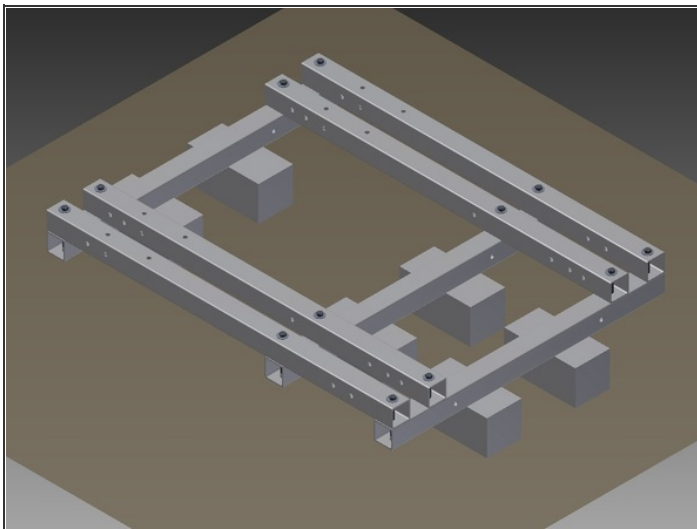
- Place Lower Frame pieces (front-to-back) on blocks.

### Step 4



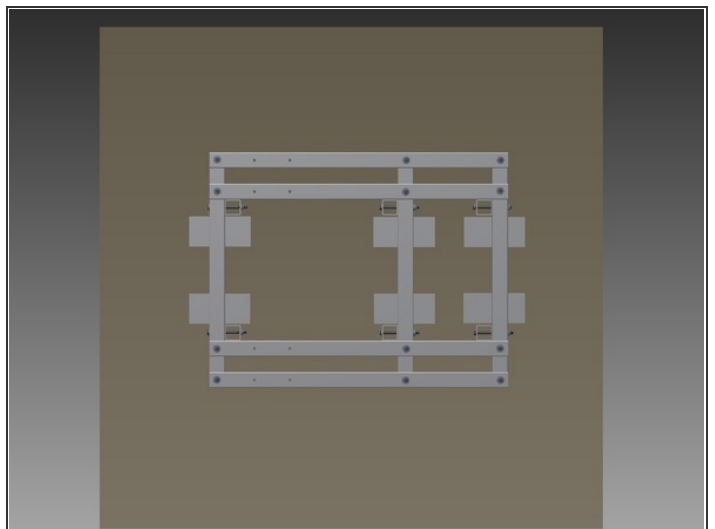
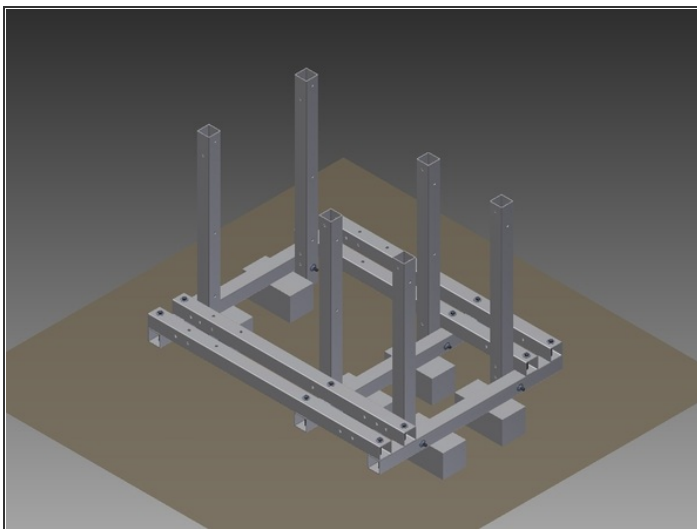
- Align holes.

## Step 5



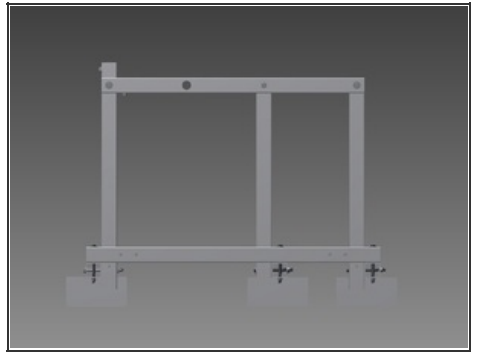
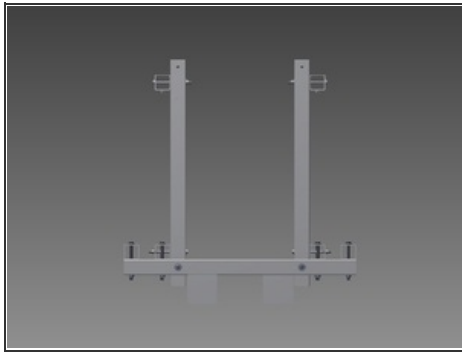
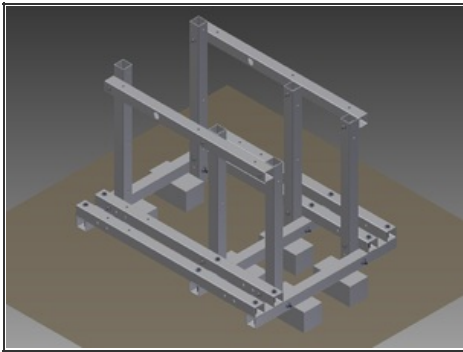
- Bolt Lower Frame together.
- Level the Lower Frame with level.
- Adjust blocks.

## Step 6



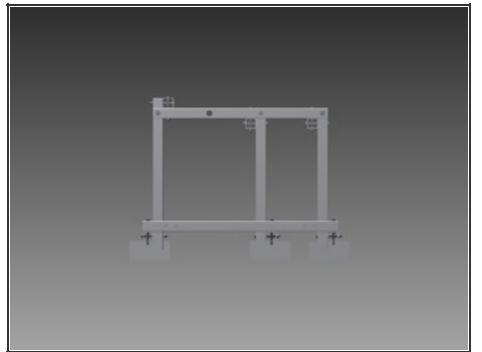
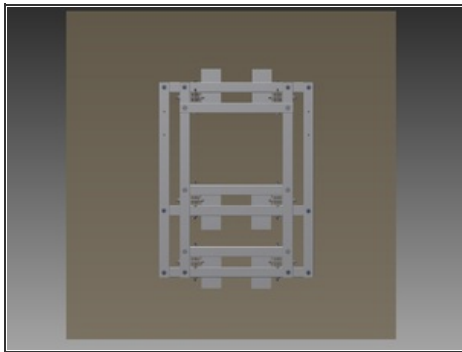
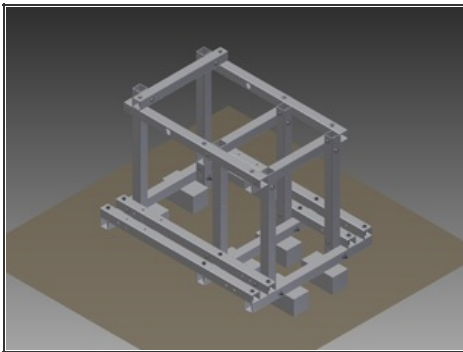
- Mount Vertical Frame pieces to Lower Frame inner corners.
- Tighten loosely. Leave room for play.

## Step 7



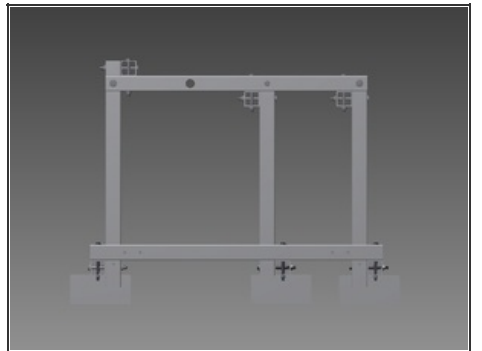
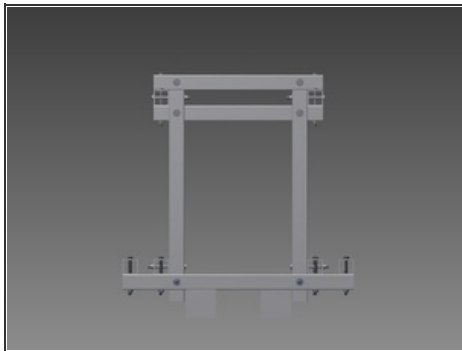
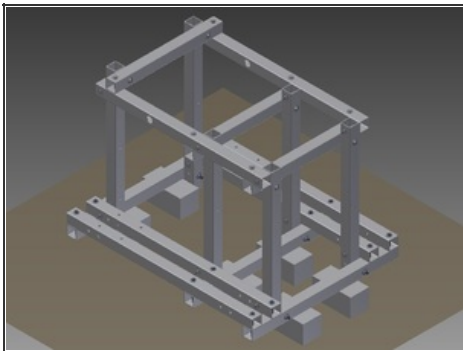
- Mount Upper Crossbrace Frame pieces.

## Step 8



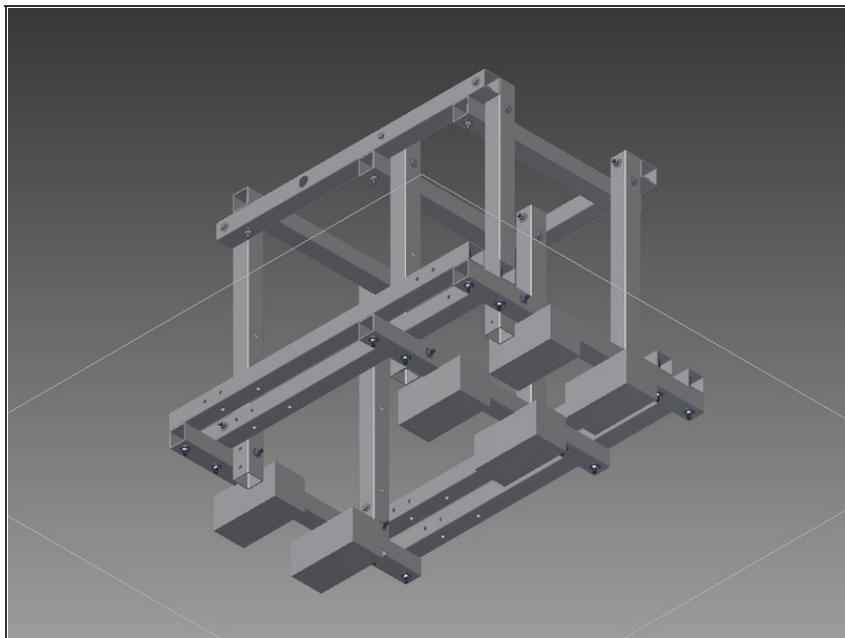
- Mount Upper Front-Back Frame pieces.

## Step 9



- Tighten all frame bolts extra-tight.

## Step 10



● Finished!

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